

History of Yoga – Yoga Basics

Das Yogasutra (Sanskrit: योगसूत्रम्, *yogasūtra* n. – Yogaleitfaden) ist ein zentraler Ursprungstext des Yoga. Es wurde von Patañjali verfasst. Yoga ist eine der sechs indischen orthodoxen Philosophien (Shaddarshana). Wörtlich übersetzt bedeutet Sutra – Faden.

Yogasutra – Wikipedia

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Le yoga (sanskrit devanāgarī : योग ; « union, joug, méthode [1] », « mise au repos [2] ») est l'une des six écoles orthodoxes de la philosophie indienne – stika dont le but est la libération du cycle des renaissances engendré par le karma individuel. C'est une discipline visant, par la méditation, l'ascèse morale et les exercices corporels, à réaliser l'unification de l...

Yoga – Wikipedia

Namo Amitabha - Namō Buddhaya Welcome to BuddhaSutra.com. Please read the Profile section for the purpose of this website.. Below is compilations of all the Buddhist Sutras from A to Z. To view an individual sutra, please scroll further down.

A Complete Buddhist Sutra Collection

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